

This is to certify that

**Marcel Schade**

Has fulfilled the requirements for

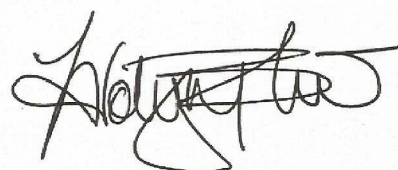
**SIS50210**  
**Diploma of Fitness**

**Issue Date:**

26 Dec, 2014

**Certificate No:**

14FS5141686719



**Carolyn Barker AM**  
Chief Executive Officer



**THE Gold**  
**Standard**  
IN FITNESS EDUCATION

## Academic Record

**Marcel Schade**

**Student Number: 141686719**

Date Enrolled	Course Code	Course Name	Status	Completion Date
13/08/2013	SIS30310	Certificate III in Fitness	G	13/01/2014
13/08/2013	SIS40210	Certificate IV in Fitness	G	12/02/2014
24/10/2013	SIS50210	Diploma of Fitness	G	10/02/2015

Intake	Unit of Competency	Grade
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### 13/08/2013 - Certificate III in Fitness - SYD 12 Aug 2013

HLTFA301C	Apply first aid	C
SISFFIT301A	Provide fitness orientation and health screening	C
SISFFIT302A	Provide quality service in the fitness industry	C
SISFFIT303A	Develop and apply an awareness of specific populations to exercise delivery	C
SISFFIT304A	Instruct and monitor fitness programs	C
SISFFIT305A	Apply anatomy and physiology principles in a fitness context	C
SISFFIT306A	Provide healthy eating information to clients in accordance with recommended guidelines	C
SISFFIT307A	Undertake client health assessment	C
SISFFIT308A	Plan and deliver gym programs	C
SISFFIT312A	Plan and deliver an endurance training program	C
SISSTC301A	Instruct strength and conditioning techniques	C
SISXFAC207	Maintain sport, fitness and recreation equipment for activities	C
SISXIND101A	Work effectively in sport and recreation environments	C
SISXOHS101A	Follow occupational health and safety policies	C
SISXRSK301A	Undertake risk analysis of activities	C

### 13/08/2013 - Certificate IV in Fitness - SYD Aug 2013

BSBSMB401A	Establish legal and risk management requirements of small business	C
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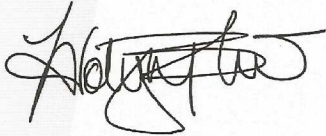
BSBSMB403A	Market the small business	C
BSBSMB404A	Undertake small business planning	C
BSBSMB405B	Monitor and manage small business operations	C
ICAICT203A	Operate application software packages	C
ICAU2006B	Operating Computing Packages	C
SISFFIT314A	Plan and deliver exercise to older clients with managed conditions	C
SISFFIT415A	Work collaboratively with medical and allied health professionals	C
SISFFIT416A	Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals	C
SISFFIT417A	Undertake long term exercise programming	C
SISFFIT418A	Undertake appraisals of functional movement	C
SISFFIT419A	Apply exercise science principles to planning exercise	C
SISFFIT420A	Plan and deliver exercise programs to support desired body composition outcomes	C
SISFFIT421A	Plan and deliver personal training	C
SISSTC402A	Develop strength and conditioning programs	C
SISXIND406A	Manage projects	C

### 24/10/2013 - Advanced First Aid 7th Nov 2013

HLTFA402B	Apply advanced first aid	C
SISFFIT523A	Deliver prescribed exercise to clients with cardiorespiratory conditions	C
SISFFIT524A	Deliver prescribed exercise to clients with metabolic conditions	C
SISFFIT525A	Advise on injury prevention and management	C
SISFFIT526A	Deliver prescribed exercise to clients with musculoskeletal conditions	C
SISFFIT527A	Undertake health promotion activities to decrease risk factors and prevent chronic disease	C
SISFFIT528A	Apply research findings to exercise management strategies	C

## Academic Record

SISFFIT529A	Deliver prescribed exercise to clients with a disability or neurological impairment	C
SISFFIT531A	Deliver prescribed exercise to older clients with chronic conditions	C
SISXCAI507A	Plan and implement high performance training programs	C
SISXCCS404A	Address client needs	C
SISXIND405A	Conduct projects	C
SISXIND507A	Manage education initiatives	C



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